



Maine Lobstering Union

LOBSTER 207, LLC. 207-667-4720
1237A Bar Harbor Road, Trenton, Maine 04605



COOKING INSTRUCTIONS

This package contains Live Lobsters that were hand selected, special, to fill your order. It is advised that they be cooked on the day of delivery.

Please do not put them in water! Without proper salinity and temperature control, they will die. It is best to leave them in the original packaging and slide it into the refrigerator or store in a cool place until ready to cook.

If you find it impossible to eat them today, it's okay! Cook them as directed, refrigerate (put in air-tight container to prevent dehydration) and eat them within three days. Boil them in unsalted water for three minutes to reheat. Enjoy!

Please call us with any questions. We'll be happy to help!
Call 207-667-4720

Cooking Instructions:
Use $\frac{1}{4}$ cup salt per gallon of water
Bring to rolling boil
Add lobster, cover
Return to rolling boil
Then time 18 minutes

Serve with hot melted butter!
Please see reverse side for "How To Eat A Lobster" !!!

Place orders on our website at
www.lobster207.com



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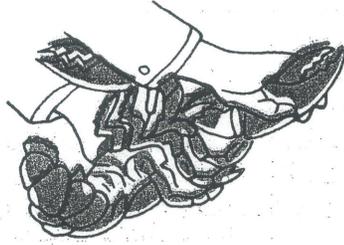
**Please call us with any questions. We'll be happy to help!
Call 207-667-4720**

**Cooking Instructions:
Use ¼ cup salt per gallon of water
Bring to rolling boil
Add lobster, cover
Return to rolling boil
Then time 18 minutes**

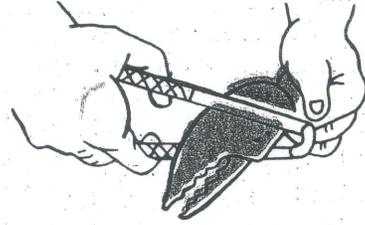
**Serve with hot melted butter!
Please see reverse side for "How To Eat A Lobster" !!!**

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HOW TO EAT A LOBSTER



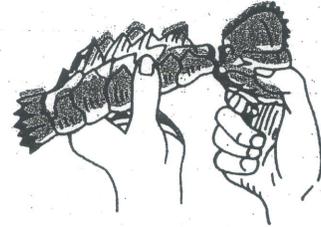
1. TWIST OFF THE CLAWS



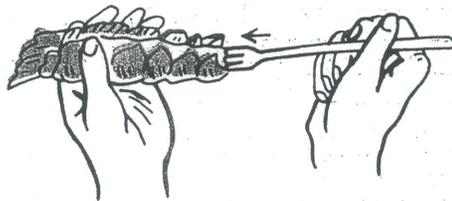
2. CRACK CLAW WITH NUTCRACKER



3. SEPARATE THE
TAILPIECE FROM BODY BY ARCHING
THE BACK 'TIL IT CRACKS



4. BEND BACK AND
BREAK FLIPPERS OFF TAILPIECE



5. INSERT FORK WHERE THE
FLIPPERS BROKE OFF & PUSH



6. UNHINGE THE BACK -
THE "TOMALLEY" OR LIVER,
A DELICACY TO MANY LOBSTER
EATERS, WILL TURN GREEN
WHEN BOILED



7. OPEN THE BODY
CRACK IT SIDWAYS
THERE IS GOOD MEAT
IN THIS SECTION TOO



8. THE SMALL CLAWS
ARE EXCELLENT
EATING - SUCK THE
MEAT OUT